

My name is Heidi Canterbury and I would like to share my story with you. I am 28 years old and have quite a medical history! About 2 years ago I became **numb** on the entire left side of my body, and that was just the beginning. I suffered from **chronic headaches, fatigue, arthritis, sleeping problems and overall discomfort**. I was seen by many doctors including a neurologist, and even the best neurosurgeons in Boston, Ma. After many exams, MRI's and a spinal tap, I was more scared and confused than ever. The doctors all told me the same thing; they didn't know what was causing the numbness, and they didn't know what to do about it. The best advice they could offer was to wait and hopefully it would go away on its own. They had many ideas for what could have caused this numbness, such as; an infection that seeped into my spinal cord, injury, a rare form of arthritis, but they had no true idea of what was wrong. They sent me home with a prescription of xanax, and told me not to worry too much, as if that was possible.

About 6 months later, the numbness subsided, but the pain increased. At 26 years old I was unable to work more than 1 night per week, and felt as if I were 75 years old! About 1 year later all of my symptoms returned along with other ailments. My **hair was falling out** leaving me with 2 big bald spots, and the **fatigue** and **joint pain** were worse than ever. I prayed one night asking God to please heal me, or at least let me know what was going on in this body of mine. The next day I was at Dr. Racine's office due to a referral.

Dr. Racine was not only very kind, but extremely knowledgeable. He explained how the human body functions, and what needed to be done to correct my body. After only 3 months of treatment, I have recovered from at least 70% of all of my ailments!! I have more energy, my headaches are virtually gone, and I have the feeling back that had been numb on and off for the past 2 years. Even little things I had not mentioned have gotten better, I no longer feel hopeless, but energetic and healthy.

I thank Dr. Racine for changing my life, and I thank God for Dr. Racine!

Sincerely,

Heidi Canterbury