

In 1995 I fell on my right wrist while standing on a chair. This was the beginning of my nightmare. My nightmare ended in July 2003 when I found Dr. Racine.

I was diagnosed in 1998 with Reflex Sympathetic Dystrophy Syndrome. I went to countless doctors for my pain, had three surgeries and I tried various treatments as well as lots of medication and still I only continued to get worse. I had lost all hope of living a normal life ever again. I spent most of my time sick from the medication and in bed with severe pain.

I saw Dr. Racine on TV and decided to call him. We spoke for a while and I saw him the next day. Dr. Racine found that I also had DBD and began treatment. After aligning my atlas, which was very off, I had immediate relief not only from the RSD symptoms but also from other health issues. My TMJ symptoms disappeared and have not returned, my thyroid medication has steadily decreased, and my asthma has improved. The depression I suffered from due to the pain and not being able to do much of anything is gone. All the medication I was on (about seven hundred pills a month) is a thing of the past. I only occasionally have to take something for pain and Dr. Racine has me taking only natural supplements which are working great.

I can't believe how far I have come in such a short time after so many years of suffering. This treatment is unbelievable. I tell everyone about this miracle whether they feel pain or not. I have my life back thanks to Dr. Racine and all his knowledge. I'm now enjoying life again. Dr. Racine has not only changed my life but he has changed the lives of all those who care about me. They no longer have to watch me suffer everyday or constantly worry about me. Thank you Dr. Racine for giving me my health back.

Kimberly Harmon